

# Customized Breakfast Box Menu

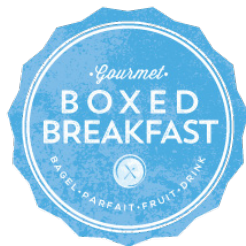


## SIGNATURE BOXED BREAKFAST

*includes choice of:*

- Muffin or Croissant
- Whole Fruit or Yogurt
- Parfait or Fruit Cup
- Water, Juice or V8

**\$12**

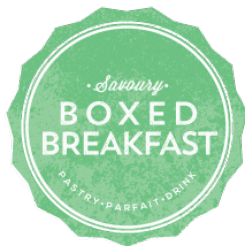


## GOURMET BOXED BREAKFAST

*includes choice of:*

- Bagel or English Muffin
- Whole Fruit or Yogurt
- Parfait or Fruit Cup
- Water, Juice or V8

**\$12**

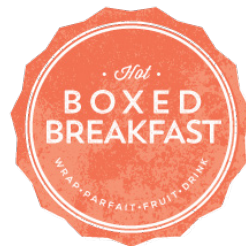


## SAVOURY BOXED BREAKFAST

*includes choice of:*

- Assorted Savoury Pastry
- Parfait or Fruit Cup
- Water, Juice or V8

**\$12**



## HOT BOXED BREAKFAST

*includes choice of:*

- Wrap Or English Muffin
- Parfait or Fruit Cup
- Whole Fruit or Yogurt
- Water, Juice or V8

**\$15**

## Options

### PASTRY:

A variety of fresh baked muffins, croissants and danishes.

### BAGELS AND ENGLISH MUFFINS:

A variety of bagels and english muffins served with butter, jam, peanut butter and cream cheese.

### SAVOURY PASTRY:

Tomato & olive, spinach & feta or leek & parmesan served in a flaky croissant dough.

### HOT BREAKFAST:

Egg white, spinach and tomato or egg and cheese.

## *Snack Add-Ons* Add on a mid-morning snack to hold you over until lunch

### GREEK YOGURT

Variety of flavours.

**\$2**

### PARFAIT

Yogurt mixed with berries and granola.

**\$5**

### FRUIT CUP

Seasonal fresh cut fruit

**\$5**

### GRANOLA BARS

Assorted variety or granola Bars

**\$2**

## YCC MARKETPLACE

4100 Yonge Street, Suite AYCO2, Toronto, Ontario, M2P 2B5

Phone: 416-730-0550 Email: [yccmplace@gmail.com](mailto:yccmplace@gmail.com)

**PLACE YOUR ORDERS ONLINE AT  
[WWW.MPLACE.CA](http://WWW.MPLACE.CA)**

## Customized Lunch Box Menu



### GOURMET BOXED LUNCH

*includes choice of:*  
 -Gourmet Sandwich  
 -Side Salad  
 -Water, Juice or V8

**\$18**



### GOURMET BOXED SALAD

*includes choice of:*  
 -Gourmet Boxed Salad  
 -Fresh Bun  
 -Water, Juice or V8  
 \$3- Add grilled chicken

**\$18**



### SOUP BOX

*includes choice of:*  
 -Soup of the Day  
 -Half Sandwich  
 -Side salad  
 -Water/Juice

**\$18**



### HOT BOXED LUNCH

*includes choice of:*  
 -Protein  
 -Grain or Potato  
 -Vegetables  
 -Water/Juice  
 (Minimum Order of 10)

**\$20**

**Snack Add-Ons** Add on an afternoon snack to beat those 3 o'clock cravings.

#### \$4-HUMMUS & PITA

Baked pita chips with hummus.

#### \$4-VEGETABLES & DIP

Fresh market vegetables with ranch dip.

#### \$1-COOKIES

#### \$5-FRUIT CUP

Seasonal fresh cut fruit.

#### \$5-CHEESE + CRACKERS

Assorted variety of cheese served with crackers.

## Options

### GRILLED WRAPS:

- Grilled chicken, pesto, mozzarella, spinach, peppers.
- Tuna, cucumbers, spinach.
- Eggplant, peppers, zucchini, mozzarella.

### CROISSANT SANDWICHES:

- Ham, apples, butter, mozzarella cheese
- Tuna, mayo, tomatoes, hard boiled egg
- Turkey, pesto, peppers, mozzarella
- Peppers, olives, feta, lemon, olive oil

### GOURMET BOXED SALAD:

- Arugula Salad – arugula, avocado, cherry tomatoes, feta, dressing
- Spinach Salad – spinach, dried cranberries, almonds, fresh strawberries, dressing
- Caesar Salad - romaine lettuce, croutons, parmesan cheese, dressing
- Garden Salad – spring mix, olives, tomatoes, cucumber, mix peppers, dressing

### SIDE SALAD:

Choose from our large variety of salads (over 25 salads to choose from).

### Hot Boxed Lunch Options

#### PROTEIN:

Grilled Chicken (\$12), Grilled Fish (\$15), Butter Chicken (\$12), Teriyaki Noodles (\$12)

#### GRAIN OR POTATO:

Daily Rice or Potato

#### VEGETABLES:

Grilled Vegetables or Side Salad

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